

North Wales Cup & North Wales League Cup

Rules 2010-11

The North Wales Cup is open to all clubs belonging to the Welsh Hockey Union (North) Men's region. Currently, the clubs who may enter are: Northop Hall, Denbigh, Rhyl, Bangor University, Bangor City, Colwyn Bay, Llandudno, Aberystwyth University, Dysynni and Wrexham. Clubs may enter more than one team into the competition. This competition replaces the North Wales Premier Cup and North Wales Shield.

The North Wales League cup is only open to clubs participating in the North Wales League. These are currently: Northop Hall, Wrexham, Rhyl, Dysynni, Bangor City, Oswestry, Bangor University, Colwyn Bay, Aberystwyth University.

All games will be played according to the Match Day regulations passed at the 2010 AGM. These supersede all previous competition regulations for competitions organized by the Region. The following regulations pertain to this competition.

Players may play for only one team in the North Wales Cup. For example, if a club entered two teams into the competition, a player may only play for one of these teams and not play in a subsequent round for the other team. For clarification, players who play in a 2nd XI in the Cup may not play for the 1st XI in a future round and vice versa. In addition, players who play in the North Wales Cup may not play in the North Wales League cup. Failure to abide by these regulations will result in removal from the cup competition.

Umpires will only be appointed by the region for the semi finals and final of the competition. Clubs must provide their own umpires for the earlier rounds. Clubs may approach the North Wales Hockey Umpires association for officials if necessary. Appointments are handled by Alan Brookes.

Match cards will be available for download from the North Wales Hockey website. These must be completed before the match by both teams and handed to the umpires. The signed cards must be sent to Jonathan Upton, Chairman, North Wales Men's Hockey, 20 Cae'r Efail, Bwlchgwyn, Wrexham, LL11 5YT. Failure to do so will incur a fine of £10. The results of each game should be texted to Jonathan Upton on 07872 961364 immediately after the game by the home captain.

Games will be played on the same dates as the Cheshire Cup. This is to give meaningful games before the League season starts.